

Survey (Questionnaire) Development

Name

Indiana State University

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The objective of this survey is to evaluate the amount of prenatal care first time mothers received during their pregnancy, as well as if alcohol was consumed at any point. This questionnaire will be given out to mothers of all ages.

1. What is your age?
 - a. Under 20 years of age
 - b. Between 20 and 35 years of age
 - c. Between 35 and 50 years of age
 - d. 50 years of age or older

2. At what age was your first pregnancy?
 - a. Under 20 years of age
 - b. Between 20 and 35 years of age
 - c. 35 years of age or older

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
3. Your first pregnancy was planned.					
4. You feel that prenatal care is important (diet/exercise/vitamins/etc.).					
5. You feel that regular doctor's appointments during pregnancy are important.					

6. During your first pregnancy, how often did you consume alcohol?
- a. Never
 - b. 1-5 times total
 - c. Once a month
 - d. Once a week
7. Please rank in order from 1 (most important) to 3 (least important) which trimester of alcohol consumption would harm the baby the most.
- a. _____ Second Trimester
 - b. _____ First Trimester
 - c. _____ Third Trimester
8. Please rank in order from 1 (most important) to 3 (least important) what aspect of prenatal care is the most important.
- a. _____ Diet and Exercise
 - b. _____ Prenatal Vitamins
 - c. _____ Regular Check-up's
9. Please rank in order from 1 (most harmful) to 3 (least harmful) which of the following is the most dangerous for your unborn baby.
- a. _____ Smoking
 - b. _____ Drugs
 - c. _____ Alcohol

10. Do you feel as if you were prepared for your first pregnancy? (e.g. education, financial status, family support, etc.) Why or why not?

We will be accessing our sample online through a survey development database. We will be promoting our survey through social media and opening it up for responses for one week during this semester. These responses will remain completely anonymous and confidential, because of the sensitivity of the topic. Many mothers will not want others knowing about their alcohol consumption during pregnancy (if any) or their preparedness for their first baby.